

Program Speaker Colleen Rutledge - RDH

Colleen Rutledge is a hygiene coach, writer and well-respected dental hygienist who speaks nationally on the non-surgical approach to managing periodontal disease. Her professional career began over 26 years ago in Philadelphia after completing a dental assisting externship at Temple University and graduating class president from the National School of Health Technology. She pursued a degree in Dental Hygiene at Coastal Carolina Community College in North Carolina and was the recipient of the Hu-Friedy Golden Scaler Award.



Employed by both insurance-driven and fee-for-service practices, Colleen diligently incorporated ultrasonics, locally-applied antimicrobials and host modulation in conjunction with several modalities of periodontal therapy.

Her passion for providing dental offices and patients with evidence-based care resulted in the establishment of **"Perio-Therapeutics & Beyond,"** a consulting firm offering hands-on, state-of-the-art, in-office assessments which has provided inspiration and motivation to dental professionals across the country. **"Perio-Therapeutics & Beyond"** has been consecutively featured in **Dentistry Today** since 2005 as a **"Leader in Dental Consulting."**

Ms. Rutledge has published in several dental publications including: **Woman Dentist e-Journal**, **Dental Practice Report**, **Modern Hygienist**, and **Access**. She served on the Board of Trustees for PDHA and is a member of several organizations. She enjoys a multi-faceted career in private practice, speaking, writing and consulting.

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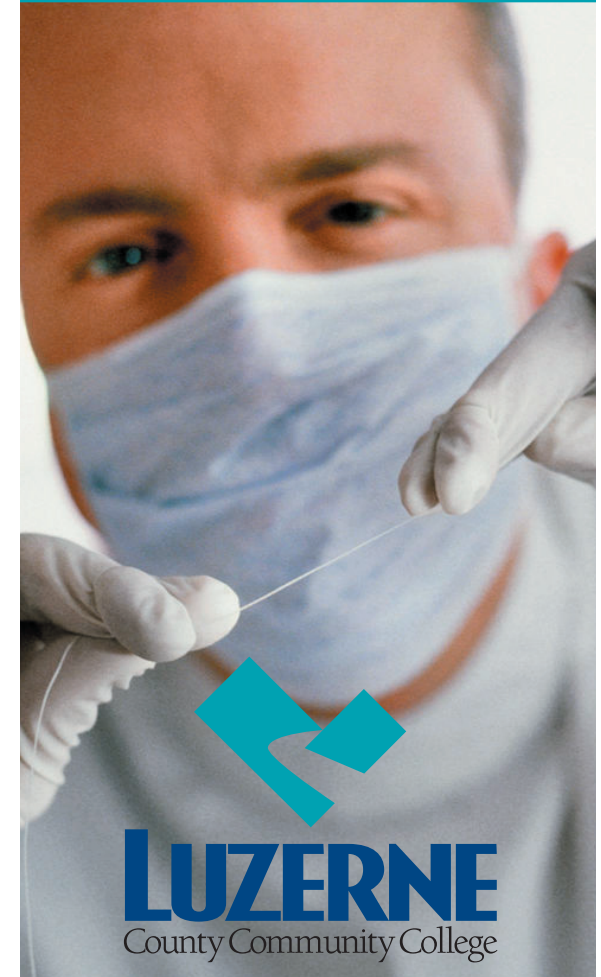
Alumni Association

Luzerne County Community College
1333 South Prospect Street
Nanticoke, PA 18634-3899



Join Us for LCC's Dental
Health Alumni Day & Seminar

DENTAL HEALTH ALUMNI DAY



LUZERNE
County Community College

Friday,
May 15, 2009
LCCC Educational
Conference Center

Annual Seminar for LCCC Dental Alumni
and Area Dental Health Professionals

Oral Cancer Screening And Care for Edentulous And Anyone Over 18

Course Description

Thirty thousand new cases of oral and oral-pharyngeal cancer are diagnosed each year . . . with 60-80 percent of them presented in advanced stages. All patients eighteen and over are at an increased risk for oral cancer. Many denture-wearing patients are not aware they need preventive care. This course is designed to assist the entire dental team by introducing the "edentulous prophylaxis" and exploring chemiluminescent technology. Fees, insurance codes, and practice building tips will be addressed.

Better Patient Care Through Enhanced Techniques

Course Description

It's time to take the plunge into the world of dental ergonomics. Ever wonder what simple things you can do to make your day flow more efficiently and comfortably? Ergonomics is the answer! Good ergonomic design is the solution to preventing musculoskeletal disorders (MSDs) in the dental setting. This course will explain some of the basic mechanisms that contribute to MSDs and discuss several ways to facilitate a healthy and comfortable approach to your workday. Ultrasonics, magnification, dental chairs, power brushes, aerosol-reducing products and other approaches for supporting both patient and clinician comfort will be discussed.

If you're on campus, stop by and check out our Dental Health facilities.

Program Agenda Friday, May 15, 2009

8:00 - 9:00 a.m. - Registration,
Continental Breakfast
Sponsored by NPDHA

9:00 - Noon - Session I • Oral Cancer
Screening and Care for Edentulous
and Anyone Over Eighteen

Noon - 1:00 - Lunch, ECC Dining Room

1:00 - 4:00 - Session II • Ergonomically
Yours: A Call to Action for All Dental
Professionals

This seminar is intended for all graduates of LCCC's Dental Assisting and Dental Hygiene Programs. However, all dentists, dental assistants and dental hygienists are welcome. Registration begins: 8 a.m. For more information, contact the Alumni Office at (570) 740-0735, the Dental Health Office at (570) 740-0448 or e-mail: alumni@luzerne.edu. For directions to LCCC, call (570) 740-0311.

About Colleen Rutledge: "Superb presentation and valuable input from someone who has been 'in the trenches'!"

— Kathleen Lovett,
Scheduling Coordinator, Charlottesville, VA

Mandatory continuing education is the law in Pennsylvania. Dentists must attain 30 hours every two years; registered dental hygienists (RDH) must obtain 20 hours every two years; expanded function dental assistants (EFDA's) must obtain 10 hours every two years; and nationally certified dental assistants (CDA's) must obtain 12 hours every year.

This program is approved by the Pennsylvania Academy of Dental Hygiene Studies and the Dental Assisting National Board for six credits of continuing education.

Registration Form

The Tenth Annual Dental Health Alumni Day will be held on Friday, May 15, 2009, in LCCC's Educational Conference Center. CEU certificates will be awarded to participants at the end of the program.

Name: _____

Professional License No. _____

Address: _____

City: _____ State _____ Zip _____

Employer: _____

Registration Fee:

All Dental Health Professionals:
(Assistants, Hygienists and Dentists)
Early Bird Rate (by April 17) \$65
(postmarked by May 8) \$70
(After May 8) \$80

LCCC Dental Health student rate: . . . \$20*

*(students must have completed the Spring 2009 Semester at LCCC and be registered by May 8)

Amount Enclosed \$ _____

Please make checks payable to the LCCC Alumni Association. Payment includes continental breakfast, lunch, continuing education certificate, and all course materials.

For LCCC Graduates Only:

Year graduated Dental Assisting: _____

Year graduated Dental Hygiene: _____

Please check here if you have special dietary

Return completed form to:

Luzerne County Community College
Alumni Office - Dental Health Alumni Day
1333 S. Prospect Street
Nanticoke, PA 18634